## INTRODUCTION

The Aboriginal Britain course is designed to give our clients an insight into how our early ancestors lived in Britain through immersive workshops that will give clients the opportunity to work with natural materials and learn first hand from a bushcraft perspective, thus beginning their pathway to indigination. During the course clients will have first hand experience working with natural materials as part of the agroforestry and TEK (traditional ecological knowledge) in an immersive setting that complements the nature of the course. Clients will have the opportunity to use primitive technology associated with the mesolithic and use bushcraft knowledge to guide their journey. This course gives clients an valuable insight into primitive living and the complex human nature relationships. Clients will learn first hand how to safely ignite fire using primitive technology. An ever important learning program of safe use of fre that teaches care and sustainable practice. Clients will use natural materials such as clay, bark, flint and much more to craft their own unique objects to take home as memoirs of their experience and utilize the outdoor kitchen, forage for wild sustenance (seasonal wild foods) and apply an aboriginal mindset to taking a simplistic journey into Britain's wild places. The nature of our learning program is to istil a respect for the landscape through traditional skills and indigenous knowledge that will be passed on throughout the experience.

Into Wilderness Bushcraft instructors will guide clients throughout the course, embarking on various workshops that will ultimately give clients the confidence to thrive in nature, with the skill set of early human nature interaction as well as the spiritual connection to the earth and landscape.

Throughout the course our instructors will demonstrate various skills that are essential to wilderness living - This is a course that will rekindle an ancient flame and emphasis the importance of outdoor learning but more over a respect for the natural world here in Britain.

## OPEN WOODLAND

Woodland space for everyone. Woodland walks, habitat and woodland picnic space.

### **Audience:**

All ages and limited disabled access

## Objectives:

Engagement with visitors to Chatsworth, promoting outdoor learning space and courses, encourage outdoor learning and care for nature, support ongoing crafts projects.

## <u>Learning outcomes:</u>

Share an insight into bushcraft and nature through interaction with visitors

## **Duration:**

specified days listed on web page, 10am - 3pm

Subsidised charge for entry



## INDIGENOUS BUSHMAN COURSE

Learning through nature - A heritage course of the prehistoric to modern day Derwent Valley woodlands bushcraft

#### Audience:

Adult and over 15's

### Objectives:

Thas course will encourage adult participation in outdoor learning activities, primitive skills and ancient crafts and overnight stays in Chatsworth woodland. Develop a returning customer base over the first two years.

#### **Learning outcomes:**

Students will learn first hand primitive skills, crafts and more throughout the course. Discover a sustainable way to enjoy outdoor activities in a natural environment as part of TEK.

## <u>Duration:</u>

Two/Three days (Friday evening to Sunday afternoon)

Course number: Maximum of 10.

## Course outline

- •Wild foods foraging Foraging and gathering techniques including identification of seasonal wild foods
- •Woodland cooking and wild foods preserves Dutch oven masterclass and Aboriginal style cooking as well as jam making, cordial making and wild garlic infusions.
- •Leather work pouch making
- •Tracking through woodland Tracking as an valuable insight into wildlife connection
- •Primitive fires Fire by friction, fire by sparks- The safe and sustainable use of fire for wilderness survival
- •Comprehensive guide to tinder preparation log splitting and fire through fungi (Amadu production )
- •Observation skills Wildlife watching
- Meditation and connection to nature
- •Medicinal Plants
- •Natural shelter construction
- •Wild game butchery
- •Bone needle making
- •Primitive glue making
- •Natural cordage making
- •Herbal remedies

## ANCIENT CRAFTS

#### **INTRODUCTION:**

This course is designed to share the experience of working with natural materials using prehistoric techniques that can be applied to the modern day

### **AUDIENCE:**

Adult course, suitable for demonstrations for children

#### **COURSE OBJECTIVES:**

Give an insight into traditional crafts using a variety of natural materials. Hands on and academic learning in craft work in an outdoor setting

#### **LEARNING OUTCOMES:**

Learning the application of primitive skill sets and technical crafts. Historical importance of each craft.

### **DURATION:**

Two to three days (Friday evening until Sunday afternoon)

Course number: Maximum of 10.

- Flint knapping use of ancient techniques to form flint tools
- Pottery the ancient processing method of clay
- Hide tanning The application of traditional preservation techniques for hides
- Primitive glue making
- Natural cordage making
- Arrow making
- Bone tools
- Fire by friction set making
- Weaving and basketry

## FAMILY BUSHCRAFT

#### **INTRODUCTION:**

A bespoke bushcraft experience aimed at family groups

#### **AUDIENCE:**

Children and adults

#### **COURSE OBJECTIVES:**

Introduce families to a sustainable way of enjoying outdoor activities as well as essential bushcraft skills

### **LEARNING OUTCOMES:**

Family groups will learn first hand essential bushcraft skills and techniques that fosters an interest in nature while enjoying quality family time in the great outdoors.

#### **DURATION:**

One full day / Two days one night (Summer holidays)

Course numbers: Maximum of 10

## Course outline

- Wild foods
- Natural shelter construction
- Tarp set up
- Fire lighting
- Outdoor cooking
- Woodcraft and spoon carving
- Natural cordage making
- Wildlife tracking and observation
- Wildlife observation
- Archery woodland rove

## INTRODUCTION TO BUSHCRAFT

#### INTRODUCTION:

The pragmatic approach to outdoor learning through bushcraft

#### **AUDIENCE:**

Children over 12 (with adult supervision) and Adults

#### **COURSE OBJECTIVES:**

Developing an interest in nature and bushcraft within the Peak District.

### **LEARNING OUTCOMES:**

Essential bushcraft skills that come with day journeys into the woodland. Learning about the Derwent Valley landscape through interaction with nature.

#### **DURATION:**

One day course and Two day course (Saturday and Sunday) (summer holiday separate)

Course numbers: Maximum of 10

- Seasonal wild foods
- Fire lighting Learning the safe and sustainable methods of fire lighting as an essential skill in bushcraft
- Woodcraft and spoon carving
- Woodland cooking
- Archery
- Natural cordage making

## PRIMITIVE SKILLS

#### INTRODUCTION:

A hands on experience designed to teach the heritage of primitive living within the Derwent Valley.

#### AUDIENCE:

Adult course (Children over 12 accompanied by an adult) Students

### COURSE OBJECTIVES:

Giving an authentic experience of working with natural materials and the application of prehistoric technology.

#### LEARNING OUTCOMES:

Student will learn the principles of range of primitive skills associated with outdoor living and Britain's prehistory.

#### **DURATION:**

Three day course (Friday evening until sunday afternoon)

Course numbers; Maximum of ten

- Primitive fire lighting
- Flint knapping
- Natural shelter construction
- Wild foods
- Weaving and bark container crafting
- Tracking and wildlife observation
- Primitive glue making
- Woodland navigation

## WILD FOODS

#### **INTRODUCTION:**

Seasonal wild foods foraging course designed to give students the knowledge to safely identify a range of seasonal wild foods.

#### AUDIENCE:

Adults and children (accompanied by an adult)

#### **COURSE OBJECTIVES:**

Inspire students to change their outlook on the landscape by their association with wild edibles.

#### **LEARNING OUTCOMES:**

Students will learn the importance of positive identification of a range of wild foods. The correct and sustainable gathering techniques and the importance of diversity within the landscape.

#### **DURATION:**

One day course or Two day course

Course numbers: Maximum of fifteen

- Woodland wild foods forage
- Gathering techniques
- Sustainability and UK Law
- Wild foods outdoor cooking
- Herbal remedies
- Medicinal plants
- Fungi, fruit, flowers, roots and foliage
- Connection to nature

# Bow crafting

#### **INTRODUCTION:**

A comprehensive course designed to introduce students to bow making principles through the crafting of their own bow.

#### **AUDIENCE:**

Adults and children over 12 (accompanied by an adult)

#### **COURSE OBJECTIVES:**

Students will develop their wood carving ability and craft their own unique bow to take home.

### **LEARNING OUTCOMES:**

Students will learn the correct way to handle a carving blade as they craft their bow. During the course student will be guided through the principles of bow making.

#### **DURATION:**

One day or Two day course

Course numbers: Maximum of ten

- Academic approach to bow making
- Wood type selection and sustainability
- Historic importance of the bow
- Carving techniques and safety with a cutting tool
- Tilling the bow
- Natural fiber bow string
- Archery practice on the range lead by a GB qualified coach